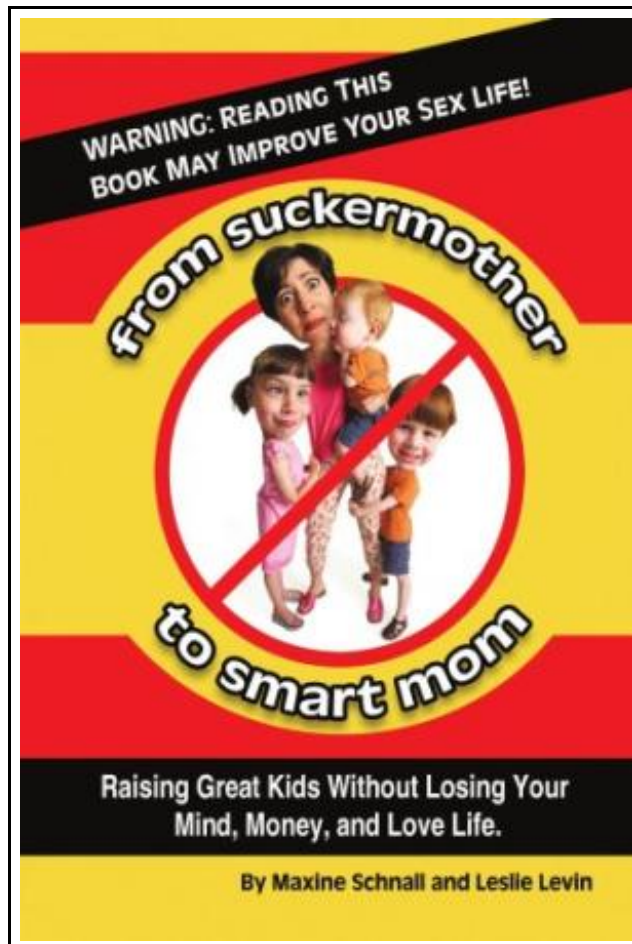


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AUTHORHOUSE, United States, 2005. Paperback. Book Condition: New. 226 x 155 mm. Language: English Brand New Book ***** Print on Demand *****. I m too stressed out and tired even to have sex with my husband any more! That s the universal complaint of mothers with young children today. And no matter how much these mothers schlep their kids from one activity to another and shell out big bucks for extravagant birthday parties and every educational toy, they feel they are not doing enough. Maxine Schnall, executive director of Wives Self Help Foundation, Inc., and Leslie Levin, who between them have five kids, four step-children, and seven grandchildren, are here to say that there s an easier, less costly way to raise your children than the current extreme parenting craze- a smart mom way that will turn out happier, even more successful kids! Not only will you be calmer, sexier, and able to enjoy life more fully when you stop overscheduling your kids and micromanaging their lives, but your children will feel less anxious, be more creative and have healthy values and a zest for life. Hip, funny, and loaded with eye-popping, well-researched information, FROM SUCKERMOTHER to SMART MOM gives you down-and-dirty strategies you won t find in any other parenting book. There s also a whole glossary of original terms that are bound to become part of everyday language. You ll learn: The truth about breast-feeding (versus what the lactation Nazis say) How to resist being intimidated by momsters - self-appointed paragons of motherhood How to use the Husband Handoff Maneuver and bedtime brownie points to get your husband to do more with the kids How to develop the mommy mojo to deal with difficult children How not to let the family income go down the Money Drain and...



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