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The Everything Stir-Fry Cookbook (2nd edition)

By Nam Nguyen

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, The Everything Stir-Fry Cookbook (2nd edition), Nam Nguyen, Fast, fresh, and more delicious than take-out! Stir-frying is quick, healthy, and incredibly easy to do at home. The Everything Stir-Fry Cookbook, 2nd Edition is full of recipes that are guaranteed to get dinner on the table in minutes! This sizzling sourcebook of 300 recipes features delicious meals that don't require a lot of ingredients--or time, including: * Salmon firecracker rolls * Korean beef lettuce wraps * Miso glazed scallops * Thai-spiced hot and sour wings * Shrimp pad thai * Crispy ginger beef * Tofu salad with ginger miso dressing * Kung pao chicken * Coconut-scented rice * Egg foo yung * General Tso's chicken * Ginger peanut noodles You'll learn easy-to-master techniques that can be adapted to work with what's already in your crisper or whatever looks great at the farmer's market. This completely updated cookbook also offers helpful tips for choosing equipment, advice on finding the best ingredients, and effortless prep and stir-fry techniques. From healthy meatless options and fun international twists to classic takeout favorites--this book has everything you need to become a stir-fry master!.



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