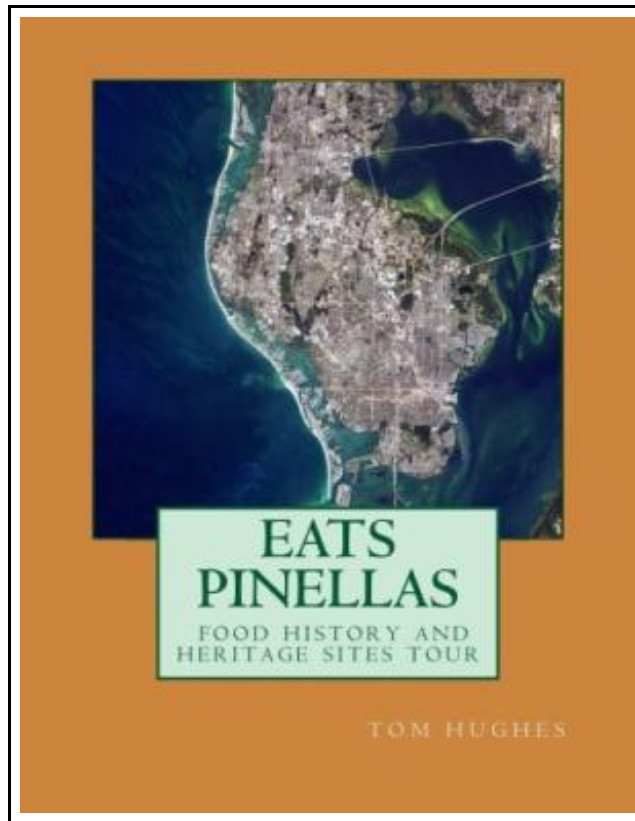


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EATS PINELLAS: FOOD HISTORY AND HERITAGE SITES (PAPERBACK)



Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Like many people who visit or live in Pinellas County, I love the Gulf Beaches, Tampa Bay side parks, and wide range of places to eat and enjoy life. Florida's densest, smallest and only peninsular county is also one of its most historic. People have been hunting, gathering, transporting, processing, preparing and eating a wide range of foods, native and imported, for thousands of years. Pinellas was Florida's most agriculturally productive area for decades. Follow my trail from Pinellas Point to Pass-A-Grille north to Tarpon Springs and back south to St. Petersburg. In a 1885 speech before the American Medical Association, Baltimore physician W. Chew Van Bibber, praised Pinellas Peninsula as the healthiest spot on earth. This helped spur the phenomenal growth that continues well into the 21st century. Curiously of the many generations of residents and visitors who have been drawn to this healthy spot and well nourished in Pinellas include several men who made their fortunes in sweets elsewhere before moving to St. Petersburg. They include a salt water taffy king, a chewing gum millionaire, the inventor of the Clark Bar and the creator of the Fig Newton. Pinellas has also been home to two women associated with the important issues of over eating. Terri Schivo put the spotlight on living wills as a result of falling into a coma after taking severe measures to lose weight. Sara Blakey, founder of the Spanx foundation garment business, is the first self-made female billionaire. Others encountered on this Pinellas County food heritage trail are: a Spaniard who may have inspired the Pocohontas legend; the last of the pirates; notorious explorers Panfilo de Narvaez and De Soto;...



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