



## Home Matters: The Guide to Organizing Your Life and Home (Paperback)

By Adlen W Robinson

iUniverse, United States, 2008. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Today s families are often overwhelmed with their crazy schedules and chaotic lives. Add a few children to the equation and things can really seem out of control. Enter Home Matters: The Guide to Organizing Your Life and Home. Home Matters is an informative, practical guide for today s busy family. Whether mom is a stay-at-home mother or the CEO of a major corporation, all mothers will benefit from Adlen s tips, strategies and time-saving suggestions. Because more and more dads are now actively participating in childrearing, they too will learn from this pragmatic guide. Home Matters shows the reader how to do everything from organizing their kitchen, to creating a meal planning system that really works, to helping families survive summer vacation. In addition, Home Matters stresses the importance of helping moms and dads find balance in their lives by taking care of themselves, paying attention to their spiritual wellness, and finally putting order to their life and home.



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