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125 Best Indoor Grill Recipes

By Ilana Simon

Firefly Books Ltd. Paperback. Book Condition: new. BRAND NEW, 125 Best Indoor Grill Recipes, Ilana Simon, Indoor grills are very popular (especially the widely-advertised George Foreman "lean mean grilling machine"). Millions of consumers rely on this kitchen appliance to create low-fat grilled food without the fuss of setting up an outdoor barbecue or leaving the kitchen. 125 Best Indoor Grill Recipes includes tantalising recipes that work anytime - from quick weekday suppers to weekend entertaining: - Blackened Red Fish - the sizzling southern flavour of New Orleans - Greek Beef Souvlaki with Tzaziki Sauce - Cilantro Lime Chicken - Caesar Burger - Caesar Salad crossed with a hamburger - Teriyaki Chicken - Portobello Mushroom Burger - the ultimate in vegetarian cuisine - Fajitas - Three Meat Panini with Provolone - a simple sandwich taken to new heights - Shrimp Satay - Southern Fried Chicken - Honey Dill Salmon with Dijon - More than 2.5 million indoor grills are sold each year. Indoor grill-chefs (frustrated barbecue freaks!) will love these great recipes and practical indoor grilling tips and techniques, all year round. Robert Rose is a subsidiary imprint of Firefly Books Ltd, specialising in cookery and health titles. All recipes are...



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